

Prescription Before Diagnosis Is *Malpractice*

Debra Neal LCPC,
NCGC II, BACC
Copyright 2015

PRACTICING CULTURAL COMPETENCE

Mal - Practice

Mal

bad ; wrong ; imperfect or defective; ill,
less than the standard, deficiency

*Duty to warn starts with a standard of care,
protection more than a duty to warn*

**Malpractice is..... practicing with less
intention, purpose, direction, and
attunement.**

Outcomes

- **Why Cultural Competency**
- **Why Now**
- **Consciousness and Commitment**
 ...Toward Cultural Competency

Why Cultural Competency?

Debra Neal LCPS, NCCO
IL-BACC Copyright 2015

- Systemic and historical basis
- Diagnosing and treating with insufficiency: information, education, skill, engagement, or accountability
- Disproportionate misdiagnosis or over-diagnosis
- National health disparities noted SAMSHA, US Department of HHS
- Extremely poor treatment outcomes –MH, SA, PG
- Chronic and exorbitant cost to individuals, families, and communities

Why Now?

Debra Neal LCPC, NCGC
II, BACC Copyright 2015

2014, 2015 News media cases of individuals in situations that end tragically , impacting families and communities at large.

Burgeoning neighborhoods impacted by cultural pain

Widening service delivery gaps....individuals are dying from a hidden disease of Cultural Pain

Stakeholder and funding source accountability for outcomes based services

Swelling population of problem/pathological gamblers and families impacted: emotional, financial, occupation, & health; collateral issue of cultural

Consciousness and Commitment

- **Cultural Introspection and Perspective**
- **Ethical Considerations and Responsibility**
- **Points of Attunement**

**Our lives begin to end the day we
become silent about things that
matter.**

Martin Luther King, Jr.

“Most of the issues people go to therapy for are not organic disorders—they are not hardware problems, they are software problems. These issues are the result of the person’s psyche doing the best it can to deal with life experiences—to adapt, survive, and prevent the person from ever getting hurt again” Good Therapy.org

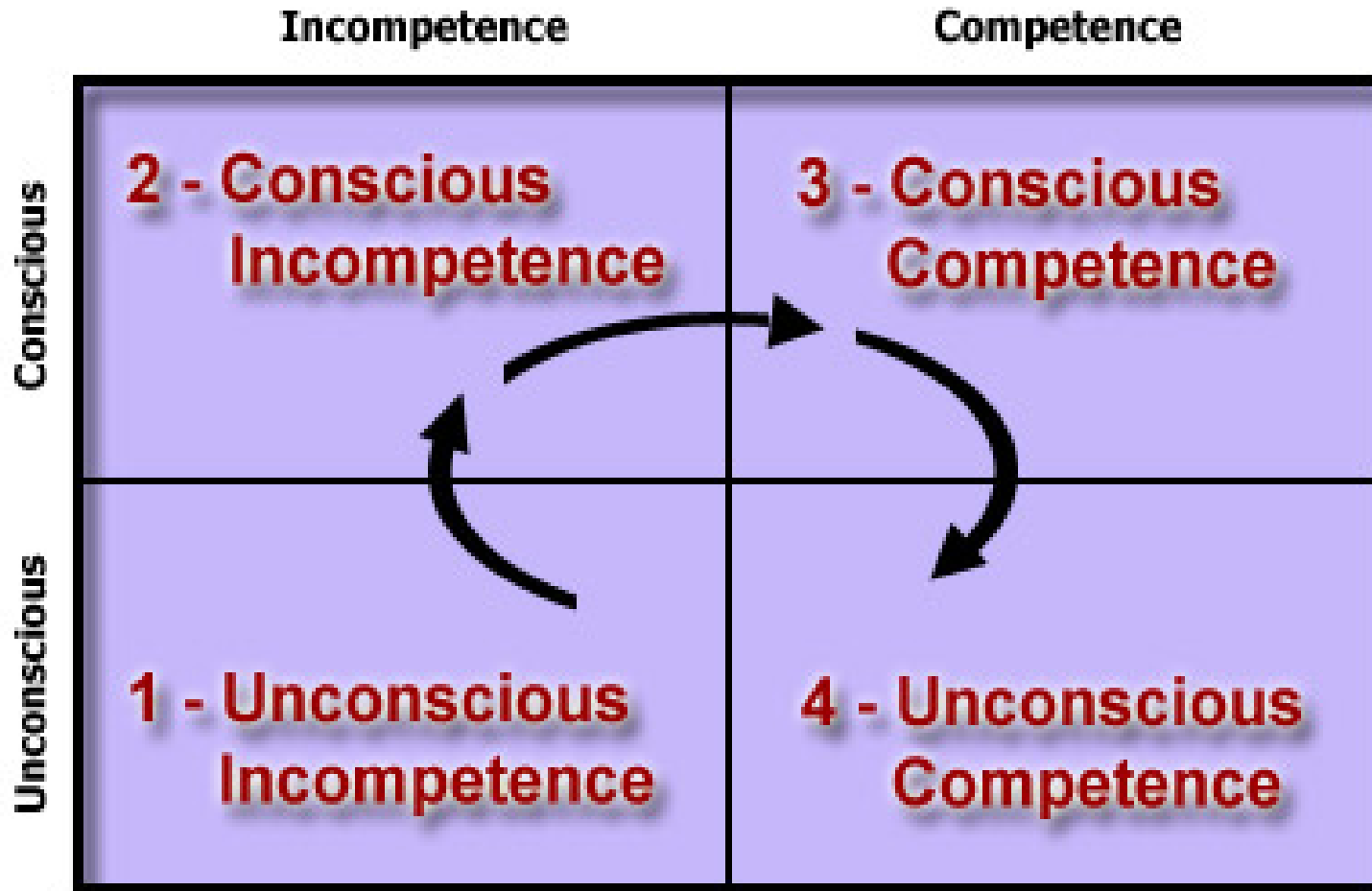
Conscious and Commitment

1-Cross cultural communication

“Health disparities have multiple causes. One specific influence is cross communication dynamics” Tip 59, pg 58

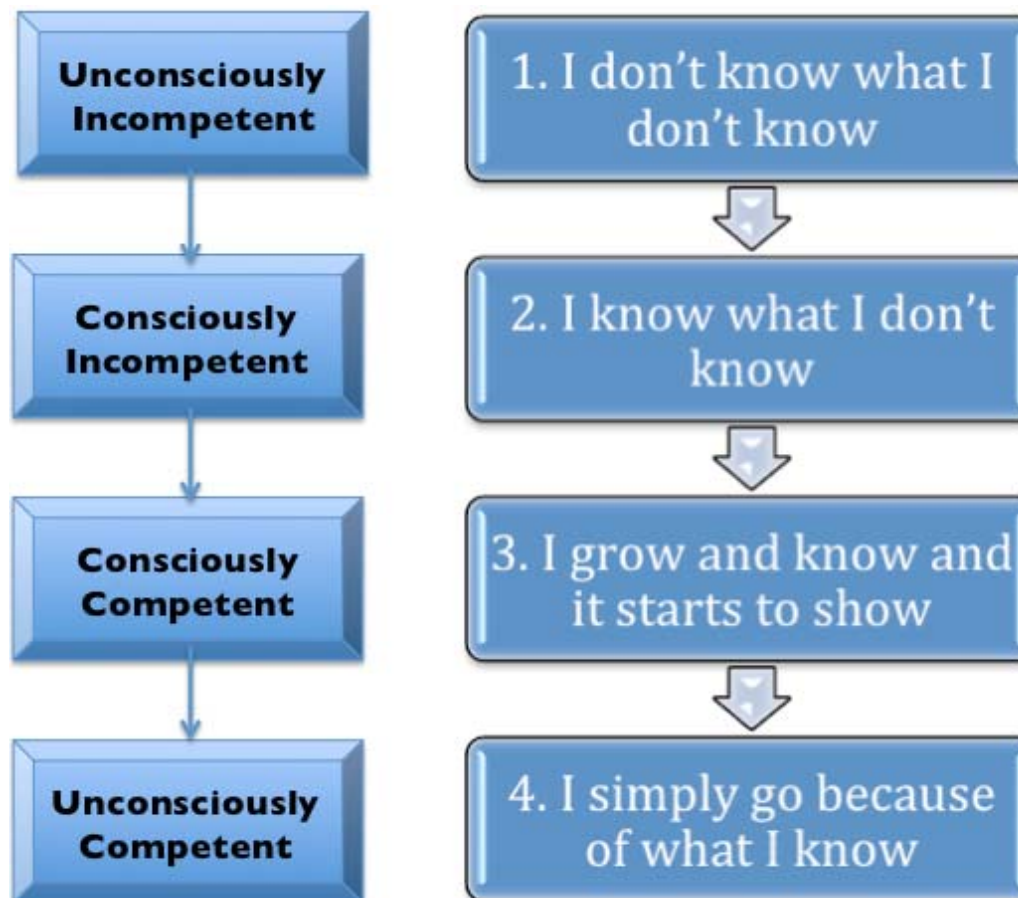
2-“We (people of color) carry the color of our skin where ever we go”

3-Provider’s Cultural Identity. Cultural Competence starts long before one becomes face to face with a provider



Conscious Competence Learning Matrix

Consciousness and Commitment



Bibliography

- **Tip 59 Improving Cultural Competence
SAMHSA 2014**

Download: <http://store.samhsa.gov/product/TIP-59-Improving-Cultural-Competence/SMA14-4849>

- **GoodTherapy.org**
- **Helping People Find Therapists & Advocating
for Ethical Therapy**
- **Black Pain: Our Lives Just Look Like We are Not
Hurting by Terrie M Williams**

Bibliography

- Goode 2006, Lie 2011, Ponterollo 2000
- Raceforward.org
- Sue and Sue 2013

Professional Experience

- **Two plus decades of cross cultural conscious and commitment via education, training, literature review, teaching, OTJ experience: cross cultural communication, cultural proficiency, cultural identity development, and accountability; supervision, mentorship, case consultation, international travel experience in cultural adaptability**
- **Failure, success, risk taking, self examination**

What are your reference points toward
Commitment and Consciousness?
Our lives begin to end the day we
become silent about things that
matter.

Martin Luther King, Jr.

Our lives begin to end the day we become
silent about things that matter.

Martin Luther King, Jr.