

# Examining Privilege and Power: Digging Deeper

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## Session Agenda

- ▶ Further reactions to the keynote presentation
- ▶ The Lessons of Racism of the Well-Intended
- ▶ What Are You Willing to Do Differently?

# THE LESSONS OF RACISM OF THE WELL INTENDED

- ▶ **STRESS of Racism**
  - ▶ **CARE 4 Racism**
  - ▶ **POWER**
  - ▶ **PRIVILEGE**
  - ▶ **PERSONAL RESPONSIBILITY**
  - ▶ **PARTNERSHIP**
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- ▶ **Arthur H. Woodard Jr, MSW**
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**My Mother was  
born in Rural  
Georgia in 1928.  
She Died too young  
@ age 46 as a result  
of Fear & Stress!?**

## **1946 Lynching in Georgia**

# **\$12,500.00 REWARD!**

Rewards totaling \$12,500.00 have been offered for information leading to the arrest and conviction of persons involved in the killing of 4 Negroes in Walton County on July 25, 1946.

**All Information Will  
Be Kept Confidential**

— CONTACT —

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## **The STRESS of Racism**

- **Admitting that we are powerless over Racism creating unmanageability, limitation, toxic relating & toxic environments.**

## **CARE 4 Racism**

- **Making a choice/a decision to turn our lives over to CARE.**

## **POWER**

- **The “isms” Lesson/Lessen/Deny Humanity (the Power to Be).**
- **The “isms” Lesson/Lessen/Deny Opportunity (the Power to Do).**
- **We Affirm/Accept/Act with our Power.**
- **We Negate/Deny/”Give our Power away”.**

## **PRIVILEGE**

- **The Both/Andness of White Privilege: A Blessing & A Curse.**
- **The Both/Andness of Under Privilege: Opportunity & Oppression.**

## **PERSONAL RESPONSIBILITY**

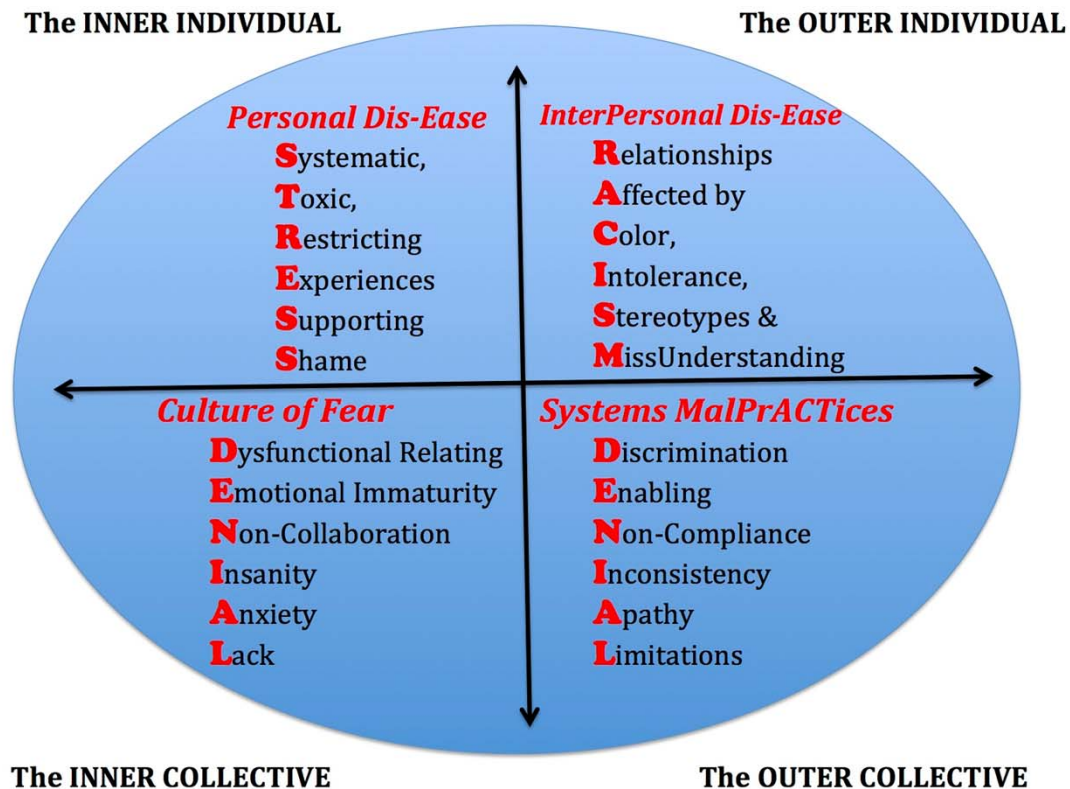
- **Developing Positive Identity.**
- **Developing Social Competency.**
- **Discovering/Pr**ACT**icing A Way of Living Wellness.**
- **Commitment to Personal Growth & Learning.**

## **PARTNERSHIP**

- **Aligning Our Power.**
- **Relationship Building vs. Relationship Destroying.**
- **Co-Creating Competent Cultures/Environments.**

# The **Stress** of Racism:

Admitting powerlessness over racism creating unmanageability & toxic relating.



# What Are You Willing to Do Differently

- ▶ Creating Competent Cultures - How do you go back to your communities and relationships and create enough safety to have productive conversations about race.
- ▶ The Three-Legged Stool
  - ▶ Actively listen
  - ▶ Asking good questions (honestly and compassionately)
  - ▶ Managing your own stuff
- ▶ Aligning Your Power - What does aligning your power mean to you? What will that look like for you in the future?